



Derry Hill C of E (VA) Primary School

"LET YOUR LIGHT SHINE" – MATTHEW: 5:16

30th September, 2026.

Dear Parents/Carers,

From September 2026, we introduced a new PSHE scheme of learning for children from Early Years to Year 6. The scheme is called **1decision**.

Within the Primary PSHE curriculum, we cover a wide range of important areas, including:

- *Keeping/Staying Safe*
- *Keeping/Staying Healthy*
- *Relationships*
- *Growing & Changing*
- *Being Responsible*
- *Feelings & Emotions*
- *Computer Safety*
- *Our World / The Working World*
- *Hazard Watch*
- *A World Without Judgement*
- *Fire Safety*
- *First Aid*

The information below provides an overview of our approach to PSHE and some of the key messages your child will receive.

Introduction

Relationships and Health Education (RHE) is statutory for all primary schools in England and forms part of our PSHE curriculum. This includes puberty education. Parents and carers do not have the right to withdraw their child from any content that covers statutory Relationships or Health Education objectives, or national curriculum science objectives (including human development and reproduction). In primary schools, sex education is not compulsory, however, the Department for Education (DfE) strongly advises that schools continue to deliver some elements of sex education to ensure that children have the skills to develop positive and healthy relationships in adolescence, whilst also understanding how to keep themselves safe from harm. If you would like to view the DfE guidance, it is available on our school website.

At Derry Hill School, we understand that teaching children about relationships, growing up and human development is an important part of supporting their wellbeing, safety and preparation for the future. We also recognise that parents and carers play a vital role in these conversations and that schools and families work best when they work together openly and supportively. In this letter, we use the term "parents and carers" to include all adults with a caring role for a child. However, we recognise and value the important role that grandparents, aunts, uncles, and

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older siblings can play in supporting conversations about relationships. You may wish to share this information with those key people in your family.

The 1decision scheme

Having reviewed the 1decision scheme we have agreed to deliver the relevant sex education programme as recommended by the DfE. This is taught in Year 6 through 1decision's Conception topic and covers how babies are made in an age-appropriate, factual way. This is the only element of our PSHE/RSHE provision from which parents and carers may request withdrawal.

Please be reassured that this programme of videos, workbooks and interactive activities has been sensitively developed to teach children about relationships using an age-appropriate and sequential approach. We believe it is important that children receive accurate, age-appropriate information in a safe environment - from a trusted adult, rather than from peers or online sources. Research shows that children who do not receive this information at school are more likely to turn to the internet, where content can be misleading, harmful or age-inappropriate. Our teaching is carefully planned, sensitive in its delivery, and gives pupils the opportunity to ask questions in a supportive setting.

If you would like to view these resources, please look on the school website for topic knowledge overviews and the RSHE policy. You can also look at example materials on the 1decision Parent Zone.

Delivering RSHE with 1decision

Early Years Foundation Stage (EYFS)

1decision resources use colourful animated storybooks to start conversations around feelings and emotions with our youngest learners.

Key Stage 1

Children begin to learn about appropriate touch and how to keep themselves safe. In Year 1 or 2, pupils are taught the correct names for external genitalia, as this is a requirement of the national curriculum for science. You may hear your child use words such as penis, vulva, or vagina.

Although you may use family-specific terms at home, it's crucial that school staff understand children clearly, particularly when safeguarding concerns arise. For instance, if a child uses terms like "cookie" or "fairy," serious concerns could be misunderstood or missed. You can support us by using the correct terminology at home and reinforcing which areas of the body are private. In school, we also use the NSPCC Talk PANTS resource, which you can access for free here:

<https://www.nspcc.org.uk/advice-for-families/pants-underwear-rule/>

Throughout Key Stage 1, children also learn about healthy relationships, online safety, and how to respond to bullying through videos, quizzes, and other interactive activities.

Key Stage 2

Children will learn about puberty, which is now part of the statutory Health Education curriculum. Parents cannot withdraw children from this content. The guidance requires puberty to be taught before it begins, so children are prepared both physically and emotionally.

- Year 3: Naming body parts and developing emotional literacy around change
- Year 4: Relationships
- Year 5: Puberty

- Year 6: Conception and Consolidation of learning

All content will be taught in an age-appropriate way, tailored to the maturity and needs of each year group. 1decision provides an age-appropriate video to support this learning.

RSHE and Science

Following the puberty unit, Year 6 pupils will watch 1decision videos that explore:

- Different types of relationships
- The law relating to relationships
- Pregnancy and birth

These topics are taught through Science, which is a statutory part of the curriculum. Parents cannot withdraw their child from national curriculum science content. The aim is to ensure that all pupils—boys and girls—are prepared for the changes that adolescence brings and are equipped with the knowledge and skills they need as they transition to secondary school.

Requesting Withdrawal from the Conception Unit in Year 6

If, after reviewing the 1decision resources, you wish to withdraw your child from the Year 6 Conception unit, please follow the process below. We recommend you make this decision once your child reaches Year 6 as you will know as parents whether the content of this session will be appropriate for your child. We will inform you when your child will be undertaking this unit once they reach Year 6.

Our withdrawal process:

If you wish to withdraw your child from the Year 6 conception unit, please put your request in an email and send it to the headteacher via the admin@derryhill.wilts.sch.uk email address.

Please be aware that any request for withdrawal will be noted and kept on your child's record, in line with statutory guidance.

If you have any questions about our RSHE curriculum, please contact us:

Mrs Emma Asfaw our PSHE lead via the admin@derryhill.wilts.sch.uk email address.

Want to Know More?

We understand that parents may have questions. We encourage you to:

- Visit the 1decision Parent/Carer Zone: <https://www.1decision.co.uk/resources/parent-carer-zone>
- Review curriculum overviews and our RSHE policy on the school website
- Speak to your child's class teacher if you have any further questions

Thank you for your continued support. We look forward to supporting pupils' learning and personal development throughout their time in primary school.

Best wishes

Mrs. Hayley Roberts