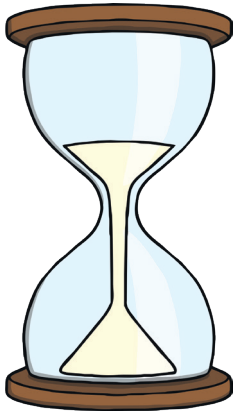


# Indoor Timer Activity Challenges



Before the timer ends...



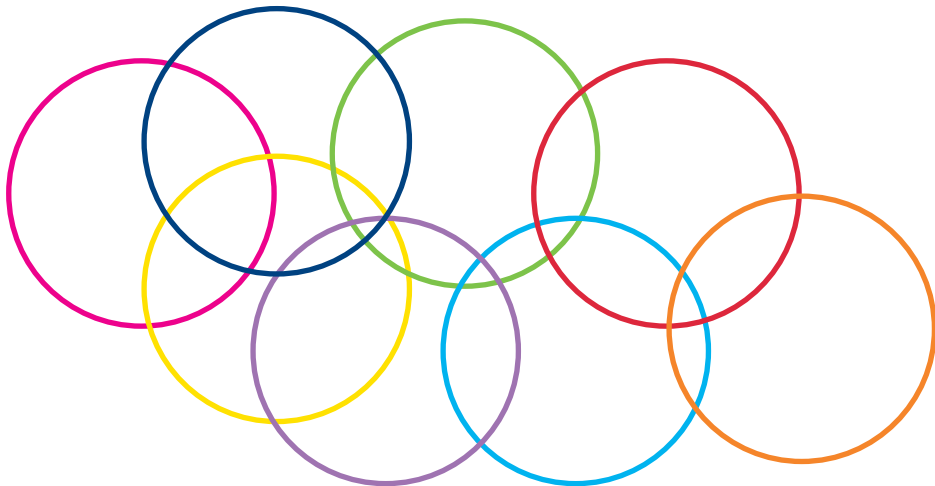
how many times can you write your name?



Before the timer ends...



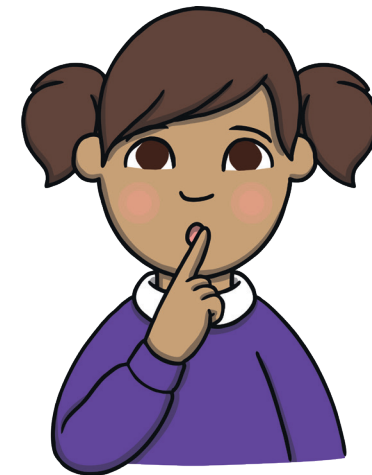
how many circles can you draw?



Before the timer ends...



can you stay silent?



Before the timer ends...



can you keep still?



Before the timer ends...



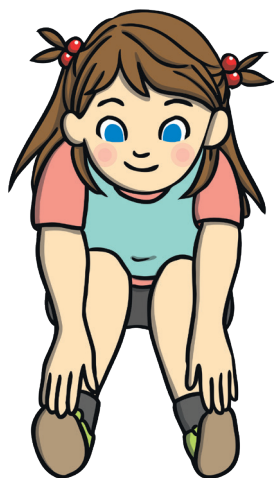
can you keep wiggling your fingers?



Before the timer ends...



count how many times you can touch your toes.



Before the timer ends...



count how many friends you can say hello to.



Before the timer ends...



can you draw a person?



Before the timer ends...



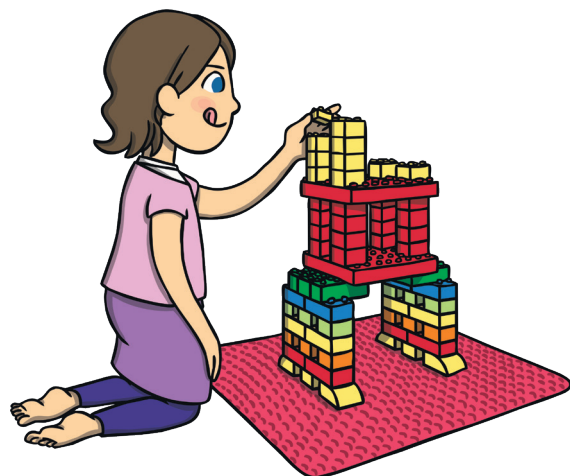
can you breathe calmly and deeply?



Before the timer ends...



see how tall you can build a tower.



Before the timer ends...



count how many pom-poms you can collect using tweezers.



Before the timer ends...



can you keep dancing?



Before the timer ends...



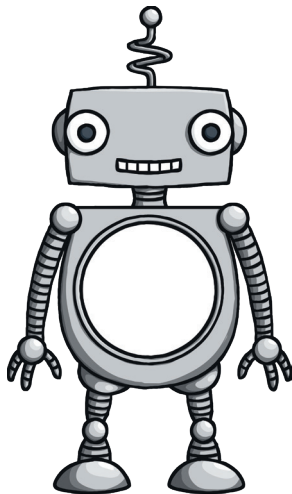
how many times can you roll a 6 on a dice?



Before the timer ends...



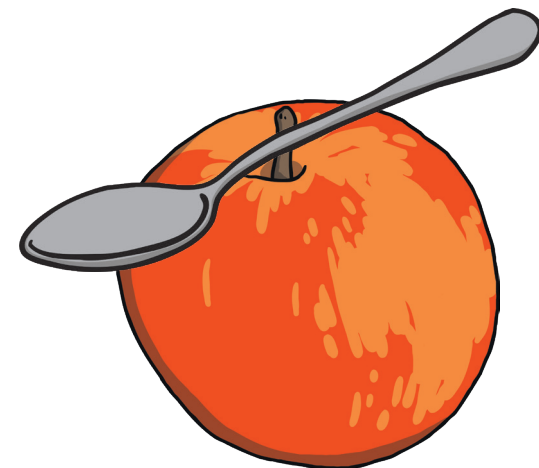
can you keep moving like a robot?



Before the timer ends...



can you balance 2 things on top of each other?



Before the timer ends...



can you make a model out of playdough?



Before the timer ends...



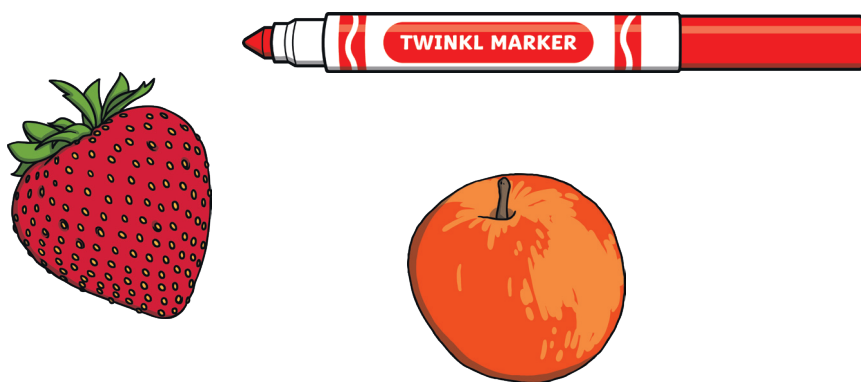
how long can you make a playdough snake?



Before the timer ends...



can you collect three red things?



Before the timer ends...



can you draw a picture?



Before the timer ends...



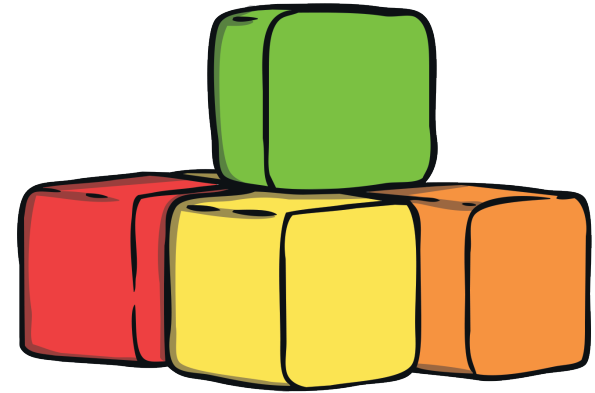
can you tidy the classroom?



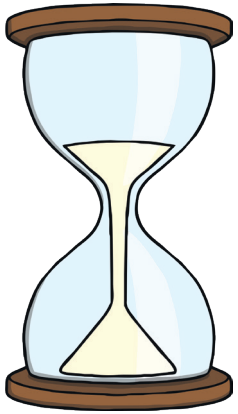
Before the timer ends...



can you build a model?



# Outdoor Timer Activity Challenges



Before the timer ends...



count how many star jumps you can do.



Before the timer ends...



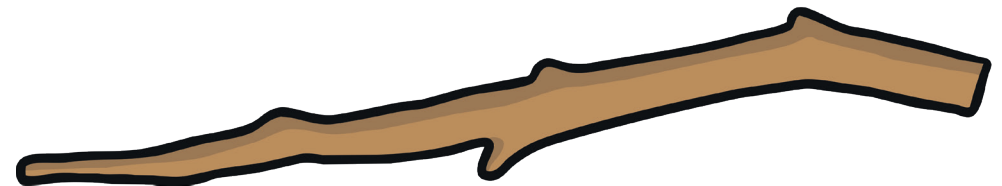
count how many leaves you can find on  
the ground.



Before the timer ends...



can you find the longest stick?



Before the timer ends...



can you keep walking on your tiptoes?



twinkl.com

Before the timer ends...



count how many beanbags you can throw in the hoop.

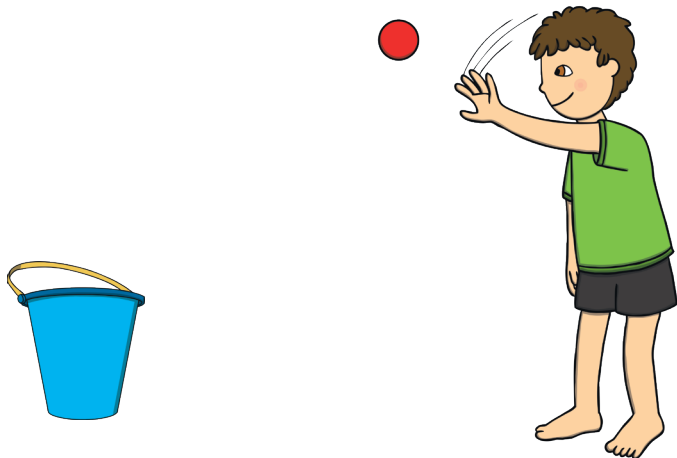


twinkl.com

Before the timer ends...



count how many balls you can throw in the bucket.



twinkl.com

Before the timer ends...



how far can you run?



twinkl.com

Before the timer ends...



how far can you walk?



twinkl.com

Before the timer ends...



count how many jumps you can do.

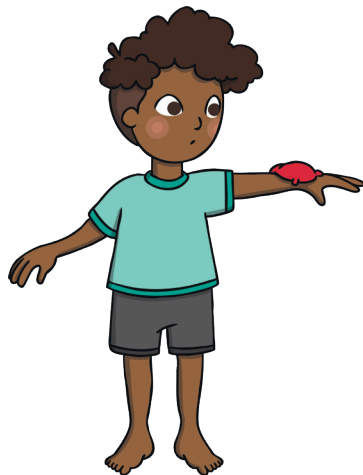


twinkl.com

Before the timer ends...



can you keep a beanbag balanced on your arm?



twinkl.com

Before the timer ends...



count how many times you can run around the playground.

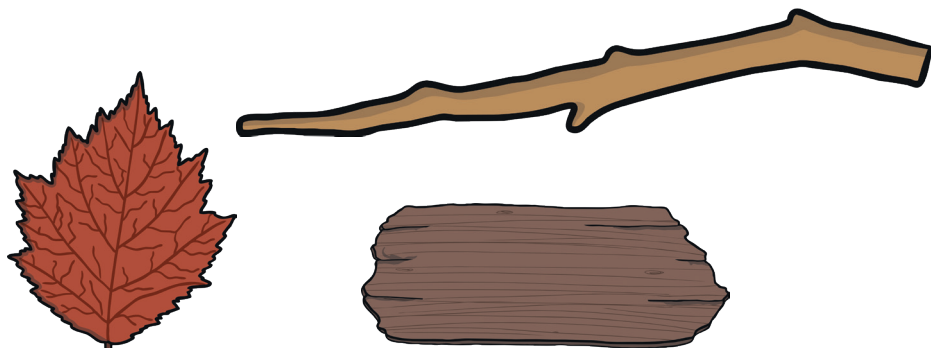


twinkl.com

Before the timer ends...



how many brown things can you collect?



Before the timer ends...



how far can you cycle?

