

Is Shabbat important to Jewish children?



Shabbat is a Jewish day of rest. It starts on a Friday at sunset and goes all the way through to Saturday at sunset. Jewish people remember the story of creation and how God rested on the 7th day.



Key Vocabulary					
Judaism	Shabbat	The Torah	Synagogue	Challah Bread	Candle
Sabbath	Blessings	Prayers	Holy	Jewish	Kiddush Cup