



<p>Derry Hill C of E Primary School</p>		<p>Year 2: Term 1: Autumn 2025</p>	
<p>National Curriculum Subject Real P.E. Year 2 Term 1</p>	<p>Key Vocabulary</p>	<p>Key Skills</p>	<p>Learning Intention and Implementation</p>
<p>P.E.</p>  <p><b>Coordination Footwork</b></p>  <p><b>Static Balance One Leg Balance</b></p> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>Develop fundamental movement skills and apply them, for example, to support weight transfer to avoid or outwit an opponent. Develop</p> </div>	<p>balance co ordination space left right slower faster stop freeze footwork movement several, appropriate opposite hopscotch angle smooth</p>	<p>I know where I am with my learning</p> <p>I have begun to challenge myself.</p> <p>I try several times if at first I don't succeed and ask for help when appropriate.</p> <p>I can follow instructions, practise safely and work on simple tasks by myself.</p> <p>I show patience and support others.</p> <p>I am happy to show and tell others about my ideas.</p> <p>I can help, praise and encourage others in their learning.</p>	<ul style="list-style-type: none"> <li>• <b>L1-L3 Coordination Footwork</b></li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p>Combine side-steps with 180° front pivots off either foot.</p> <p>Combine side-steps with 180° reverse pivots off either foot.</p> </div> <ul style="list-style-type: none"> <li>• <b>L4-L6 Static Balance One Leg</b></li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 5px;"> <p>Skip with knee and opposite elbow both at 90° angle.</p> <p>Hopscotch forwards and backwards, hopping on the same leg (right and left).</p> </div> <ul style="list-style-type: none"> <li>• <b>L7-L9 Dynamic balance to agility. Jumping and landing.</b></li> </ul>

<p>the coordination, control and strength for key skills, including kicking, and jumping and landing.</p> <p>Develop personal skills to recognise that success is often preceded by several failures and it is the response to these failures that is important. Recognise that seeking help from others at the right time is a positive response to challenge.</p>	<p>dominant non-standing</p>	<p>I can work sensibly with others, taking turns and sharing</p>	<p>Maintain balance and on both legs:</p> <p>Stand still for 30 seconds</p> <p>Jump 1 foot to 1 foot.</p> <p>Jump 1 foot to 2 feet.</p> <p>Jump 2 feet to two feet with control.</p> <ul style="list-style-type: none"> <li>• <b>L10-12 Static balance. Seated.</b></li> </ul> <p>Balance from seating with my feet and arms raised.</p> <p>Complete 5 mini-squats</p>
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