

# Owl Class Residential

Monday 20<sup>th</sup> – Friday 24<sup>th</sup> May 2024

**BARTON HALL, SOUTH DEVON**

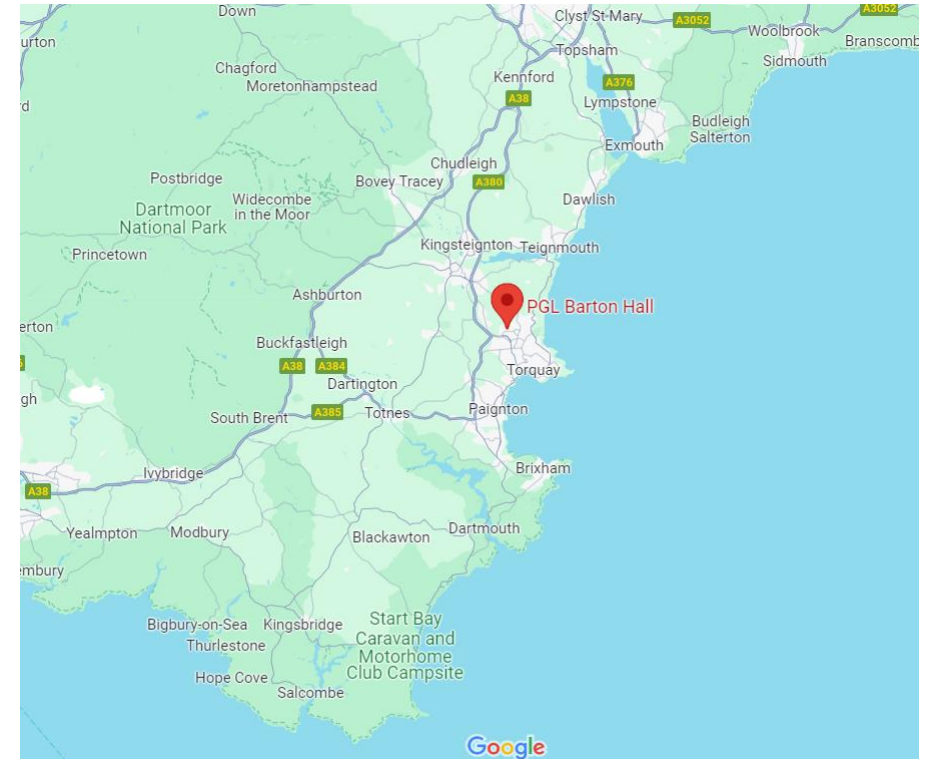


# Why do we organisational visits?

- Children gain huge educational and personal development benefits.
- Unique opportunities for new experiences and a high level of challenge in unfamiliar but safe environments.
- Developing resilience, social and investigative skills and encourage greater independence.
- Opportunities for developing and using social and interpersonal skills essential for future life and learning

# Barton Hall, South Devon

Nestled in 46 acres of Devon countryside, this impressive centre, just outside of Torquay sits proudly on the gorgeous English Riviera, within easy reach of several blue flag beaches.



# Activities

- All PGL's adventure activities take place under the instruction and guidance of specially trained PGL instructors who prioritise safety above all else. Activities take place on land, on the water and in the air (for our rope-based challenges), so each brings a different (and fun!) way for children to challenge themselves in a friendly, safe and supportive environment. The final activity programme will be agreed with the Party Leader a few weeks before travel

<https://www.pgl.co.uk/Files/Templates/Designs/PGLCore/res/swf/virtual-tour/barton-hall/tour.html>



## Abseiling/Climbing

Using our 40ft towers or a natural crag, our abseil and climbing sessions offer an exhilarating experience not to be missed!

Our experienced instructors help group members build confidence as they learn the correct technique, encouraged by the support of their peers.

Great for:

- ✓ Communication
- ✓ Self Reliance
- ✓ Using Initiative



## Zip Wire

Travelling at high speed whilst suspended on a cable high above a lake or through a scenic forest isn't an experience easily forgotten!

Each team member takes turns to experience a thrilling journey that is designed to push the limits of each individual.

Great for:

- ✓ Inspiring Courage
- ✓ Confidence Building
- ✓ Motivation



## Jacob's Ladder

A series of logs are suspended horizontally with progressively wider gaps.

The aim is to climb the giant ladder using only the logs and each other for support!

A popular and exhilarating challenge!

Great for:

- ✓ Problem Solving
- ✓ Teamwork
- ✓ Communication



## Fencing

This Olympic sport will help develop the right skills and techniques to outwit your opponent!

A great opportunity to develop strategies and tactics in a controlled environment, our fencing sessions help develop confidence, creativity and awareness.

Great for:

- ✓ Sports Skills
- ✓ Confidence Building
- ✓ Creativity





## Beach Walk

Explore the local beaches and coastlines with your group and take part in engaging tasks and games that encourage them to discover more about the natural environment.

Great for:  
Environmental  
Awareness  
Analytical Skills  
Communication



## Dragon Boating

Working in teams of up to 24, groups can test their paddling skills! Our 13 metre dragon boats offer a fantastic experience on the water.

Our skilled instructors will take each group through the basics of steering, paddling and technique before the races begin!

Great for:  
Sports Skills  
Teamwork  
Communication



## Raft Building

A fun-packed water challenge that helps develop teamwork and problem solving skills.

Each group works together to build a raft from different components to float and steer it successfully on the water.

A popular activity that comes with a warning - you may get wet!!

Great for:  
Teamwork  
Problem Solving  
Using Initiative



## Kayaking

Our qualified instructors guide each individual through the basic techniques required before the fun begins on the water!

A series of group games and challenges help to develop technique, confidence and teamwork within the group.

Great for:  
Sports Skills  
Teamwork  
Confidence Building





# Accommodation

## Chalet accommodation at Barton Hall

Rooms in our Chalet accommodation sleep 4-6 in en suite rooms with bunk beds. Our leader rooms for adults are single or twin en suite, complete with tea and coffee making facilities.

### Facilities:

- En suite rooms
- Bunk beds
- Separate single/twin en suite rooms for leaders
- Tea & coffee making facilities in leader rooms



# Dormitory accommodation at Barton Hall

The rooms in the Main House are dormitory-style, each sleeping 4-10 children in bunk beds, with en suite bathrooms. Our leader rooms for adults are single or twin en suite, complete with tea and coffee making facilities.

## Facilities:

- En suite rooms
- Bunk beds
- Separate single/twin en suite rooms for leaders
- Tea & coffee making facilities in leader rooms





# Food

- There are freshly-prepared hot or cold options available at every mealtime and a self-service salad bar for children to help themselves to as much salad as they like at lunch and dinner. Homemade soup is available most days and there is plenty of bread and fresh fruit available, as well as hot and cold drinks.





# BREAKFAST

## MONDAY

Sausages  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## TUESDAY

Bacon  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## WEDNESDAY

Sausages  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## THURSDAY

Bacon  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## FRIDAY

Bacon  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## SATURDAY

Sausages  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

## SUNDAY

Bacon  
Baked Beans (ve)  
Quorn™ Vegan  
Cumberland (ve)  
Hash Browns (ve)  
Fresh Mushrooms (ve)

Available every day: porridge with toppers\* selection of cereals and Kellogg's™ granola (ve), assorted yoghurts (v), white or brown toast (ve) & jam (v)

# LUNCH

Pepperoni Pizza

Margherita Pizza (v)

Plant-based Margherita  
Pizza (ve)

Served with: Skinny Fries (ve)

Jacket Potato (ve)

Served with your choice of: Grated  
Mild Cheddar (v), Baked Beans (ve)  
or Tuna Mayo

Homemade Chilli Non  
Carne (ve)

Served with: White Rice (ve)

Battered Chicken  
Chunks

Vegetable Nuggets (ve)

Served with: Potato Wedges (ve),  
Peas (ve), Sweetcorn (ve), Sweet  
Chilli Sauce (ve)

Homemade Beef  
Bolognese

Homemade Vegetable  
Ratatouille (ve)

Served with: Penne Pasta (ve),  
Garlic Bread (v), Grated mild  
cheddar (v)

Fish & Chips

Jumbo Sausage

Quorn™ Fishless Fingers  
(ve)

Served with: Skinny Fries (ve),  
Garden Peas (ve)

Jacket Potato (ve)

Served with your choice of: Grated  
Mild Cheddar (v), Baked Beans (ve)  
or Tuna Mayo

Homemade Chilli  
Non Carne (ve)

Served with: White Rice (ve)

Roast Beef

Meatless farm™ Plant-  
based Chicken Breast  
(ve)

Served with: Roast Potatoes (ve),  
Yorkshire Pudding (v), Fresh  
Broccoli (ve), Baby Carrots (ve),  
Gravy (ve)

Nothing you fancy? Filled rolls - ham, tuna mayo, cheese (v) or chicken and homemade soup (ve) with bread roll (v) available each day

# DINNER

Chicken Katsu Curry

Homemade Beef  
Lasagne

Vegetable Lasagne (ve)

Sides: Garlic Bread (v), Rice (ve),  
Garden Peas (ve), Fresh Broccoli  
(ve)

Fish Fingers

Hunters Chicken

Shepherdless Pie (ve)

Sides: Round Chips(ve), Baby  
Carrots (ve), Whole Green Beans  
(ve)

Chicken Curry

Baked Cheesy Meatballs

Vegetable Curry (ve)

Sides: Rice (ve), Penne Pasta (ve),  
Mixed Vegetables (ve)

PGL's Sausage Pasta  
Bake

Chicken Kiev\*\*

Homemade Sausage &  
Bean Casserole (ve)

Sides: Mashed Potato (v), Fresh  
Broccoli (ve), Baby Carrots (ve)

Beef Burger

Homemade Mac 'n'  
Cheese (v)

Meatless Farm™ Plant  
Based Burger (ve)

Sides: Curly Fries (ve), Sweetcorn  
(ve), Whole Green Beans (ve)

Battered Chicken  
Chunks

Homemade Beef  
Lasagne

Vegetable Lasagne (ve)

Sides: Garlic Bread (v), BBQ  
Sauce (ve), Skinny Fries (v), Mixed  
Vegetables (ve)

Fish Fingers

PGL's Sausage Pasta  
Bake

Shepherdless Pie (ve)

Sides: Cheesy Garlic Potato (v),  
Baby Potato (ve), Sweetcorn (ve),  
Whole Green Beans (ve)

Homebaked Iced Sponge  
Cake (v)

Chocolate Muffin (v)

Jam Doughnuts (v)

Homebaked Chocolate  
Sponge (v) & Chocolate  
Custard (v)

Homemade Apple  
Crumble (ve) & Vanilla  
Custard (v)

Chocolate Muffin (ve)

Chocolate Cookies (v)



# CLOTHING

Clothes are likely to suffer wear and tear and also get dirty and/or wet therefore you should bring several changes of old clothes for doing activities.

- ☐ **Tops & jackets**
  - ☐ T-shirts
  - ☐ Long sleeved shirt/T-shirts
  - ☐ Waterproof jacket
  - ☐ Fleeces/jumpers



*Your arms will need to be covered to do some activities.*

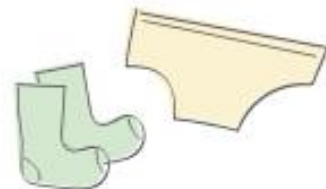
- ☐ **Trousers or leggings**  
but not jeans as they get heavy and cold when wet



- ☐ **Underwear & socks**

- ☐ 1 or 2 sets of **clothes for the evening**

- ☐ Suitable **nightwear**



*Your socks will need to cover your ankles to do some activities.*

# FOOTWEAR

- ☐ **2 pairs** of trainers
  - 1 for activities
  - 1 old pair for watersports
- ☐ **1 pair of dry shoes** for evening activities

# OTHER ITEMS

- ☐ **2 towels**
  - 1 for showering
  - 1 old one for activities

- ☐ Reusable **drinks bottle**



- ☐ Small **rucksack/bag**

- ☐ Labelled **bin bag** for wet and dirty clothing

- ☐ **Sleeping bag or duvet** and pillow (unless otherwise advised)

- ☐ **Washbag** including soap, shampoo, toothbrush and toothpaste (please do not bring Aerosols)

# PLEASE DO NOT BRING

- ✗ Electrical devices
- ✗ Computer games
- ✗ Food items that contain nuts
- ✗ Jewellery/valuables
- ✗ Aerosols



# A Typical Day

## Sample Day



Schedule	Activities
07.00 - 08.50	Get up, get ready and fuel up for the day ahead with a hearty breakfast.
08.50 - 12.00	Morning activities - 2 sessions with a 10 minute break in-between.
12.00 - 13.50	Enjoy a fresh and tasty two-course hot lunch and some free time.
13.50 - 17.00	Afternoon activities - 2 sessions with a 10 minute break in-between.
17.00 - 19.00	Time to eat again - a different dinner menu each day.
19.00 - 21.00	1 hour of activities - discos, campfires, quizzes and more - our evening activity programme keeps everyone engaged until bedtime.
21.00 / 21.30	Bedtime. Catch up on some zzz's ready to do it all again tomorrow!



# Medication

- Please could all medication be labelled clearly with name, doses, timings etc
- If your child has hay fever tablets, liquid, travel sickness tablets etc, this also needs to be labelled (as above)
- **All medication** to be in to school by **Friday 5<sup>th</sup> May** at the latest and handed to Mrs. Jones
- If your child gets travel sick, please ensure they take this medication before arriving at school on the Monday and ensure they have medication for the return journey

# Spending Money

- Their fully stocked on-site shops are the perfect places for your child to pick up a few treats during their trip. All children will have the opportunity to visit the on-site shop once during their stay, with the visit proving a fantastic chance for pupils to strengthen communication skills, work on their mental maths development, and grow in independence as they take responsibility for purchasing their own treats!
- The shop is stocked with a wide range of exciting products, clothing, healthier snacks and fun PGL souvenirs to bring home with them!



## STATIONERY

Postcard	<u>£0.50</u>
Jumbo Eraser	<u>£1.60</u>
Hologram Pencil	<u>£0.60</u>
PGL Pen	<u>£1.25</u>



## TOYS

PGL Bounce Ball	<u>£0.90</u>
Flying Ring	<u>£1.70</u>
Singing Magnets	<u>£3.30</u>
PGL Football	<u>£6.00</u>



## GIFTS

Selection of Key Rings	<u>from £2.10</u>
LED Torch	<u>£3.50</u>
PGL Dog Tags	<u>£2.60</u>



## CLOTHING

PGL T-Shirts	<u>£5.00</u>
PGL Caps	<u>£5.50</u>

## MUGS

PGL Mugs (Various Designs)	<u>£4.20</u>
Aluminium Water Bottle	<u>£5.00</u>

## CONFECTIONERY

Pick 'n' Mix	<u>from £3.00</u>
Selection of Confectionery	<u>from £0.25</u>

Selection of Drinks	<u>from £0.90</u>
Ice Creams (Seasonal)	<u>from £1.70</u>

Children can bring £10 to spend.  
They are responsible for looking after their own money

# Any Questions?

- Please visit the PGL website (Parent's Guide) for more information
- <https://www.pgl.co.uk/en-gb/school-trips/resources/parent-guide/about>